

YOUR GREATEST SOURCE OF SELF-DOUBT CAN BECOME YOUR GREATEST CONTRIBUTION

EVERY ONE HAS BEEN THERE: SOMEONE, OR EVEN US, DOUBTS US

OUR LIFE COMES DOWN TO WHICH ONE WE LISTEN TO: SELF-DOUBT OR YOUR KNOWING

TRUST YOUR KNOWING

IF YOU CAN CHANGE YOUR RELATIONSHIP W/SELF-DOUBT YOU CAN CHANGE YOUR LIFE

# WHEN YOU KNOW, YOU KNOW

JAMIE KERN LIMA #GLS21

THESE MOMENTS CHANGE US: "NO" MOMENTS THAT CHANGE TO "KNOW" MOMENTS

SOMETIMES IT'S NOT "KEEP GOING," SOMETIMES —IT IS— "LETTING GO"

TURN DOWN THE VOLUME ON SELF-DOUBT, + REJECTION. TURN UP THE VOLUME ON INTUITION

LOOK **FEAR** IN THE EYE. YOUR CALLING IS BIGGER THAN IT



PEOPLE MAY CALL YOU WEAK, BUT ONE DAY... STRONG

GET STILL IN SELF-DOUBT MOMENTS

OUR GREATEST SETBACKS ARE OFTEN GOD'S GREATEST SET UPS